



#NaPoWriMo Prompts

March 31

- A few years ago, I wrote a prayer that began with, “Divine Beloved, Bless all the poets” and ended with “When April is over, Master Poet, allow our embers of poetic creation to blaze continuous. May we live the rest of our lives as an authentic, lovedrenched, furious, miraculous, heart centered poem. Amen.” Write a prayer of your own to bless the journey we’re about to go on together.

April 1

- Brigid of Kildare is the patron saint of poetry, healing, dairymaids, ale, and smithcraft. She was the first bishop in Southern Ireland, and is believed by Pagans to be a Goddess. Brigid’s flame at Kildare burned for centuries, and her feast day marks the beginning of Imbolc. Choose an Irish poetic form and write about the aspect of Brigid that most intrigues you.

April 2

- The most fun I’m having these days involves decorating my new home. I am obsessed with creating beauty by displaying pictures, art, and my beloved trinkets all around. Write whatever type of poem you’d like about what it means to decorate home.

April 3

- The Ostara season carries many meanings, all subjective to each person. For those that love Jesus, Easter embodies sacrifice, hope, service, & love, among other things. For followers of Mary Magdalene, Easter represents women’s intimate access to Divinity, and our role in apostleship. For those in relationship with earth’s rhythm’s, this time of year is about growth, possibility, and balance. Write a praise poem about what this time of year means to you.

April 4

- A month ago, I was blessed to meet my long-time beloved rock gal, Bif Naked. I chose to stay seated & silent during the post documentary Q & A, and immediately following the event was flooded with several questions I’d love to ask her. Write a list poem detailing questions you’d love to ask a beloved someone.

April 5

- As a book lover and advocate for access to free literature, my first property adornment purchase will be a lawn library kit, so that I can bless my new neighborhood with free books and connection to one another through literacy. Write a concrete poem about a way in which you can bless your neighborhood.

April 6

- Religious trauma is intimately interwoven throughout the tapestry of my life. At first, I rejected any idea of religious involvement, but after a period of stillness, and (holy un)learning, I wonder if I’m meant to become a spiritual care provider. Write about a system you’d like the inner track to so you can foster communal healing.



#NaPoWriMo Prompts

April 7

- Lessons in life and career lately have intensely involved the notion of liminal space; how to comfortably exist in the uncomfortable unknown. I have felt grief, uncertainty, hope and possibility, leaned into creative solutions, and it has all been holy and scary and invigorating. Write about transitions.

April 8

- My new deck is surrounded with trees which means I am blissfully enjoying all the bird friends that bless me with their songs. I even downloaded a bird app, and then promptly told all my work friends about it. Write a shadorma about your favorite bird.

April 9

- Relying on the Victorian language of flowers, green witch knowledge, and/or herbology wisdom, write a poem of your choice about what you'd plant in a tea garden.

April 10

- Sometimes, I can hear my spirit guides cheer me on. I remember the exact stretch of street I was on when I resolved to end my academic break because a legion of angels only I could sense lined the sidewalk on both sides to applaud my decision as I drove around a curve up the hill from my house. Write a triolet about divine encouragement.

April 11

- I have planned to hang a disco ball from every hook in the ceiling in my late 1960's built home. Many ceiling hooks = many disco balls = a delightfully satisfied me. Write a Mistress Bradstreet Stanza about something disco ball adjacent.

April 12

- An Indigenous Knowledge Keeper once told me there are 49 ways to look at a shell, and suggested I examine my purpose. Write prose about perspective.

April 13

- In *The Mystic Jesus*, Marianne Williamson writes about the difference of ego/fear from soul/love reactions and responses. Write a conversational piece highlighting opposing forces.

April 14

- My son and I have agreed - we will decorate the family room with tree art! Write a palindrome about meandering through a forest.

April 15

- Keys. So many keys. To magic locks that apparently don't exist, and if they do exist, no they don't. In a poem of your choice, tell me which key gets us through the door.

April 16

- The greek word for breath - pneuma - can be translated to mean "spirit". Meditation teaches that we connect to our spirit through our breath. Both of these concepts encourage the knowing that breathing is a spiritual practice. Take at least 5 minutes to focus on and connect with your breath. Write about what comes to you while you are in this spiritual state.



#NaPoWriMo Prompts

April 17

- cedar tipped bird song/ blue sky becoming verdant/ that river, sparkling
Write a haiku!

April 18

- Employ grief as a vehicle of creation and pour your sorrow onto the page.

April 19

- The Ascent of the Soul, from the Gospel of Mary M, teaches how to live as wholehearted humans using love to settle the ego. Some claim that the seven demons she was exorcised of were these seven powers of ego: "Darkness; Desire; Ignorance; Eagerness for Death; Realm of the Flesh; Foolish Wisdom of the Flesh; Wrathful Wisdom." In today's writing, write a mondo about how you'd utilize love to settle your ego and unite with your soul.

April 20

- I am inspired by justice born because someone felt outraged and wrote about it. Write a madrigal exploring a justice topic that makes you feel all the things.

April 21

- Sanctification is the process of attributing spiritual significance to events and objects. Explore the items/events in your life that you've attached spiritual significance to. Write a poem honoring them.

April 22

- Ten of my old backyards could easily fit into my new backyard. I'm excited to learn how to work this section of lawn into beautiful earth bursting with a variety of plants and flowers. Gardening is well known to be a restorative and grounding practice. In this piece of writing, share with us how you connect with the Earth.

April 23

- The Beatitudes (Matt 5: 3-10) begins with "Blessed are the poor in spirit for theirs is the kingdom of heaven." Rates of poverty, addiction, & homelessness are rising in the face of ever-increasing wealth inequality. Write an ode to honor someone you know negatively impacted by current societal structures.

April 24

- In The Path of Druidry, Penny Billington writes, "Druids are of the earth, earthy. But they also, of course, have their heads in the stars. It's the integration of these aspects that makes the magic" Explore this idea in a Magic 9 poem.

April 25

- If I was a video game character, my replenish life item would be a london fog from a local coffee shop. Write a zejel about what rejuvenates you when you are down and out.

April 26

- Lawn Library! Bee Hotel! Bird Feeder! Disco balls everywhere! Dance parties anywhere!
Write a rondel about how you cultivate whimsy.



#NaPoWriMo Prompts

April 27

- Hermeneutical Injustice occurs when interpretations of biblical texts, philosophical texts, and wisdom literature don't allow believers to have the context they need to understand that something is harmful for them. Free write about a time you were hurt because the source of harm didn't know better.

April 28

- They say eyes are the windows to the soul. My house has windows that need to be replaced. An old computer I haven't recycled yet because I need to clean my personal info from it runs Windows 7. Write about windows.

April 29

- I was gifted a big ol' clock on key possession day by the realtor. My step-dad hung it on the wall. I really tried to accept it, but when my aunt knew exactly where it came from because she had seen the same clock in someone else's house, I knew it had to go. Write about something you're getting rid of.

April 30

- Take your favorite line from each poem you've written this month and amalgamate them into a super poem. Title your creation "because I can".

thank you for writing
with me!

